



Physical Education Subject Risk Assessment (COVID-19)

Risk Assessment completed by: Keri Moorhouse 29th August 2020

Risk factor	Risk mitigation	Considerations/Barriers
<p align="center">Arriving and departing lessons</p>	<ul style="list-style-type: none"> • Groups will be lining up outside PE Dept 1m apart and entry into the sports complex will be staggered. Blazers and bags are to be stored in the changing rooms – entry via fire exit door, pupils will then proceed to their lesson point (SH/Field/court/DS). Registration of groups will be taken at the start of the lesson. At the end of the lesson pupils will enter the Sports complex via main door – collect bags and blazer and leave via fire exit door. • Students will have PE COVID GUIDANCE read out to them at the first lesson of the term a reminder of the guidance and expectations in place for COVID-19 – POSTERS WILL BE PUT UP THROUGHOUT SPORTS COMPLEX • Any valuables/additional equipment is not encouraged to be brought into the PE Department and will not be collected in. 	<ul style="list-style-type: none"> • Suitable time for travel between lessons offered, students to leave a few minutes s early from PE to assist changing room wipe downs. • Staff to ensure external doors are supervised and suitably closed once used for site security. • Cleaning staff will not be able to cover every lesson wiping down of the changing rooms, so PE staff will have to be on a rota for this when needed.
<p align="center">Changing/Kit</p>	<ul style="list-style-type: none"> • Students will wear kit on PE days. • No spare kit will be offered to those without kit. 	<ul style="list-style-type: none"> • Arrangements to be put in place for those pupils unable to participate, without kit.
<p align="center">Hygiene</p>	<ul style="list-style-type: none"> • All pupils to wash hands/sanitise at the start and end of lessons. Also at key intervals during lessons if required depending on the activity. 	<ul style="list-style-type: none"> • Sanitiser/Hand washing facilities readily accessible for pupils and staff within the Department. • Cleaning equipment will be provided

	<ul style="list-style-type: none"> Any pupil seen to be openly displaying symptoms consistent with coronavirus to be safely isolated from group and first aid assistance called for. 	<ul style="list-style-type: none"> Hand sanitiser will be provided.
Toilets	<ul style="list-style-type: none"> Toilets open in Sports Complex for pupil use. This would be one person at a time being released from lessons. 	<ul style="list-style-type: none"> Cleaning staff will be responsible for cleaning the toilets and door handles every day.
Space/Facilities	<ul style="list-style-type: none"> Program of study has been adjusted to fit in with government guidelines, taking into account advice on outdoor PE. See separate activity sheets for specific information on delivery in staff box 	<ul style="list-style-type: none"> Indoor spaces used in poor weather Outdoor activities to be active to ensure children do not suffer from inactivity/cold if weather deteriorates. Dance studio & fitness suite have reduced air flow. However classes will always be in bubbles and windows will be open in the fitness suite
Equipment	<ul style="list-style-type: none"> No equipment that requires handling or contact with the head/face should be shared in lessons and must be for individual use only (e.g. badminton rackets/table tennis bats). Use of the feet is permitted as long as balls are not picked up by anyone with hands. All equipment must be cleaned use before the start and at the end of the lesson and during the lesson if appropriate/needed. This will be teacher judgement. Equipment will always be cleaned, but if not it will be quarantine for at least 72 hours. Bibs will be organised into bubbles – a regular washing schedule will be agreed with JBY 	<ul style="list-style-type: none"> The Department to assist with cleaning regime of wiping down changing rooms and individual equipment used in lessons. Time must be built in to lesson plans to allow for cleaning before and after each lesson to avoid potential transmission between bubbles and for changing rooms to be wiped down. Sufficient amount of ant-bac wipes/bottle spray is needed for staff/students to ensure equipment is thoroughly cleaned.
Behaviour	<ul style="list-style-type: none"> School behaviour system to be used as normal. 	<ul style="list-style-type: none"> Pupils who are a concern with social distancing measures or do not adhere to the expectations of the PE department are to be sanctioned.

<p>First Aid</p>	<ul style="list-style-type: none"> • If any First Aid incident occurs PE staff will contact the medical room/reception to get support from another first aide or the school nurser in the usual way. Not all PE staff are currently qualified first aiders. The staff that are first aiders to deal with minor incidents and encourage students to help with their own First Aid as much as possible where possible by giving instructions. In this case the medical room will also be called if continued supervision is needed. 	<ul style="list-style-type: none"> • Having the medical room staffed and someone else available to come to PE for support if needed, especially with any current none-qualified First aiders.
<p>Program of study HT1 & HT2 (2020) Permitted activities (in line with YST and AfPE guidance and DFE guidnace)</p>	<ul style="list-style-type: none"> • You can teach an invasion games – hockey, basketball, football and netball are now permitted. Games have been modified (August 2020) see specific information on sport information sheets. • Yoga/Dance / Fitness activities – recommendations for activities involving becoming sweaty is to do outside or with windows/door open • Athletics – Track events, Long jump, Triple jump, Throw’s if equipment is cleaned thoroughly and is not shared, but recommended just for GCSE PE students. • Orienteering. • X-Country challenges. • Table Tennis, Badminton, Tennis, Short Tennis. No contact allowed and social distancing to be maintained at all times during breaks. Pupils to have own equipment wherever possible and to wipe down at the start and at the end of every lesson all rackets, objects. • HRE / Fitness challenges/Types of training (Circuit, Fartlek, Plyo) – Outside where possible. If using fitness suite equipment needs wiping down after every rotation as detailed on information sheet. • Varieties of golf – Foot-golf, Frisbe-golf, Tennis golf, Netball pairs golf. 	<p>Please see separate activity information sheets for specific details, but important aspects to consider are as follows:</p> <ul style="list-style-type: none"> • No touching of Athletic equipment e.g. tape measures, rake, cones. Track and jumping athletics to be mainly taught, but throwing equipment can only be used if cleaned thoroughly after use with no sharing, unless it is with only one other person. • Orienteering Course to be mapped and set up for delivery and students do not touch control points. • Equipment used in drills must be thoroughly cleaned after use and before next bubble use. • Golf variations – Equipment must be thoroughly cleaned prior to and after use. • Racket sports equipment to be students own equipment throughout the lesson and to be wiped down with anti-bac wipes/bottle spray before and after lesson. • Staff to collaborate and be creative in their delivery to ensure curriculum does not become tedious for children.

	<ul style="list-style-type: none"> • Rounders and cricket – social distancing (1m) and cleaning of equipment, or modified version of the game could be used (foot rounders where foot is only used & there are bases for rounders and marked out areas for base fielders to stop the ball inside their squares • When outside is not possible and indoor space becomes overwhelmed, classroom based lessons should be considered introducing theory content – Based on health, well-being, benefits of exercise. This used as a last resort if practical sessions are not possible as a result of the guidance not being met as this will leave individual staff accountable and liable for actions occurred in their lessons. However sports centre to set up Badminton, Table tennis for wet weather lessons 	
Activities not permitted under NGB guidance	<ul style="list-style-type: none"> • Full contact sports where social distancing is not possible, and one piece of equipment is shared with multiple use – Rugby. • No fitness activities where equipment needs to be shared (e.g. boxercise, circuit training with equipment stations. 	<ul style="list-style-type: none"> • Staff to continue to refer to guidance from YST, AfPE and individual NGB's and continue to modify delivery accordingly. Where this has been updated specific information will be included in sport information sheets
Further considerations	<ul style="list-style-type: none"> • Lessons to be taught outdoors as frequently as possible. 	